



CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes



Monday, March 8, 2021 @ 9:00 am - Online ZOOM

Laura Bogard called the Monday, March 8, 2021 Creating Healthy Communities Coalition meeting, held via ZOOM, to order with the following participants:

Laura Bogard, CHC Coordinator/SCPH; Marsha Overmyer, Sandusky County Public Health; Jim Posey, Sandusky Co. Public Health; Charlotte Stonerook, Sandusky Co. Public Health; Katie Schlagcheck, OSU Extension; Jenn Sherman, Recycle OSS; Kristie Bilger, Downtown Fremont, Inc.

WELCOME & INTRODUCTIONS

Laura welcomed attendees to the meeting.

The minutes of the Monday, January 11, 2021 Creating Healthy Communities Coalition meeting were approved as presented.

RESOURCES AND LOGISTICS

The remaining 2021 Creating Healthy Communities' meetings will be held quarterly:

Monday, June 14, 2021 @ 9:00 A.M.

Monday, September 13, 2021 @ 9:00 A.M.

Monday, December 13, 2021 @ 9:00 A.M.

Laura stated the meetings will continue to be held online using the ZOOM platform until the COVID-19 restrictions are lifted. Stacey Gibson, Jenn Sherman. and Laura have offered to host future meetings at their offices in the future. Laura will notify members of any changes by email.

Assistance is needed for the following 2021 Active Living strategies:

1) New/Improve Park or Playground in the Fremont City area

- Laura/CHC will be collaborating with the Kiwanis Play Park committee on the inclusive playground to be installed at Roger Young park.
- Assistance from coalition members:
 - Create a survey and distribute and/or do visitor counts at the playground before and after installation of the new playground.
 - Interview park users to determine impact of the playground
- Jenn Sherman has volunteered to assist with this strategy.

2) Pedestrian Infrastructure in the Clyde/Green Springs area.

- Laura/CHC will collaborate with Green Springs administration to improve pedestrian infrastructure
- Assistance from coalition members:
 - Walk audits at various locations in the village
 - Pedestrian counts at the locations chosen for improvements
 - Create and distribute pre and post surveys to residents of Green Springs

3) Complete Streets Policy

- Laura has started collaborating with Gibsonburg on a Complete Streets policy. Five community members are involved in the committee.
- Assistance from coalition members:
 - Laura will contact John Willey from the Regional Planning office to gauge interest in assisting in the process. He helped to write the policy for Fremont City with Ally in 2019.
 - No other assistance needed at this time.

Assistance is needed for the following 2021 Healthy Eating strategies:

1) Food Service Guidelines in Sandusky County

- Assistance from coalition members:
 - Create a list of potential worksite locations to approach outside of Fremont City
 - Create survey and distribute
 - Assess food environment
 - Draft policy

2) Food Service Guidelines in Fremont City

- Plan to work with Fremont City Schools on Food service guidelines for the employees
- Assistance from coalition members:
 - Create survey and distribute
 - Assess food environment
 - Draft policy

3) Community Garden in the Clyde/Green Springs area

- Assistance from coalition members:
 - Create list of potential locations and assess for feasibility
 - Create survey and distribute
 - Assist with facilitating the building of the garden, volunteers and maintenance
- Jenn Sherman has volunteered to assist with this strategy.

Assistance needed for Other:

1) Modified Street Play Saturday

- Date set for September 18, 2021
- Workgroup needed to plan and implement the event

2) Increase coalition member participation

- Workgroup needed to identify ways to increase participation and implement a plan

2021 CHC GRANT

Laura gave an update on the additional funding available for CHC counties for existing strategies. 21 of the 23 counties requested additional funding that totaled under 1 million dollars. Laura submitted a request for additional funding for the Kiwanis Play Park and is hoping to receive the full award of \$50,000 requested. Waiting on the decision from Ohio Department of Health.

PRESENTATION

Jamie Belcher presented information about Tobacco Use and Prevention.

A policy for smoke free parks in the City of Fremont, including the inclusive park @ Rodger Young is the goal. On December 17, 2020, City of Fremont Council adopted a regulation requiring all tobacco, vaping, JUUL retailers to post the Ohio Quit Line information to promote tobacco cessation.

ASK, ADVISE, REFER to a cessation treatment center recommended. There is a list of cessation providers that will be included in the meeting minutes.

Ohio Tobacco Quit Line provides support for any type of tobacco product. A tobacco product user can access the site, enroll, and speak to a “quit” coach. The longer a tobacco user participates in the five sessions, the greater the success rate.

My Life, My Quit is the youth quit support line with is free and provides five (5) sessions with a “quit” coach, via phone.

Compliance checks conducted with the Sandusky Co. Sheriff’s office in November and December, reported 15 out of 50 sold to underage individuals and were cited by the Sheriff immediately. Store audits of advertising/promotion locations of tobacco products were completed.

Jamie will present educational vaping/tobacco product use to three (3) local schools. On March 7, 2021, she did a presentation @ a 4-H club meeting and has a presentation for this week @ McPherson Middle School, Clyde.

Information has been sent to all local 5-8th grades, including home schooled students, for a Sandusky County wide poster contest on the effects of vaping/tobacco product use. The deadline is March 26, 2021 for submission. One winner from each school will receive a gift card. Three winners will be chosen for a digital media campaign.

Sandusky County Public Health is also hosting a 9-12th grade poster contest that promotes the use of My Life, My Quit. One (1) winner from each school will be selected, and top 3 county winners will be used for a digital media campaign.

Sandusky Co. Public Health has partnered with NAMI to develop a five (5) year plan for mental health awareness.

Jamie requested an evaluation for the presentation. The link to the survey can be found in the “chat”.

ACTIVE LIVING STRATEGIES - 2021 Updates

Complete Streets Policy project - Laura Bogard is collaborating with Gibsonburg Village to create a Complete Streets policy. One hundred twenty-five (125) surveys were collected from Gibsonburg school students, as well as seventy-five (75) online surveys from others. Laura will be manually entering the student’s responses and then will analyze. A workshop will be held on March 25th for committee members and other community members about Complete Streets.

Park/Playground Improvement project – Laura has been in contact with the chairman of the Kiwanis Play Park Committee. Currently waiting for the response from ODH about the additional funding award. She will be attending committee meetings.

Pedestrian Infrastructure project – City of Clyde/Green Springs pedestrian infrastructure has approximately \$6,000.00 in the budget for needed improvements.

HEALTHY EATING STRATEGIES - Progress for 2021

Food Service Guidelines project – Sandusky County: No progress currently.

Food Service Guidelines project – Fremont City: Laura has contacted the Director of Operations at Fremont City Schools and the new child nutrition supervisor. Both expressed continued interest in the project.

Community Garden project – Clyde/Green Springs: no progress currently.

OTHER

A modified Street Play Saturday is scheduled for Downtown Fremont on September 18, 2021. Kristy, Stacey Gibson, and Charlotte Stonerook will assist with planning Street Play Saturday. Planning meetings will start in March.

OPEN FORUM

Jim Posey announced National Drug and Fact Week, March 22-26, 2021. All county middle and high school students received a quiz and the class with highest scores will celebrate with, i.e., pizza, ice cream, cake party.

APRIL IS ALCOHOL AWARENESS MONTH. An essay contest for all county middle/high school students on “Why I Choose Not to Drink”. The one-two page essay is due April 23, 2021, with a winner chosen from each building. Jennifer asked how the essay contest was “pushed out”? Jim reached out to all school principals.

Charlotte reported the following trainings scheduled:

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| Ty Sells | March 11, 2021 – Clear the Air |
| PAX Tools | March 25, 2021, from 1:00 P.M. to 3:45 P.M. |
| Everyone is an Asset Builder | April 8, 2021, 9 A.M. to 11:00 A.M. |

Sandusky Co. Public Health has received funds from the SOR.2 grant for opiate prevention. Medication lock up boxes has been purchased and will be distributed. Distribution is planned for the Farmer’s Market, Great Lakes Community Action Partnership, United Way of Sandusky County, and Spooktacular. Charlotte requested Jennifer’s assistance in distribution.

Kristy voiced her excitement to work with the partners of the Creating Healthy Communities grant and the fact Farmer’s Markets will be held this year.

Laura reported Holly Kidd has resigned from Great Lakes Community Action Partnership and has accepted a position at a school in another area.

ADJOURN

With no further business, the meeting was adjourned.

THE NEXT CREATING HEALTHY COMMUNITIES’ COALITION MEETING WILL BE MONDAY, June 14, 2021 @ 9:00 A.M. via Zoom.