



CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes



Monday, January 11, 2021 @ 9:00 am - Online ZOOM

Laura Bogard called the Monday, January 11, 2021 Creating Healthy Communities Coalition meeting, held via ZOOM, to order with the following participants:

Laura Bogard, CHC Coordinator/SCPH; Stacey Gibson, Family & Children First Council; Marsha Overmyer, Sandusky County Public Health; Holly Kidd, Great Lakes Community Action Partnership; Jim Posey, Sandusky Co. Public Health; Charlotte Stonerook, Sandusky Co. Public Health; Kate Brinker, W.I.C., Sandusky Co. Public Health; Katie Schlagcheck, OSU Extension; Annette Overmyer, ProMedica Memorial; Jenn Sherman, Recycle OSS; Jennifer Leonard, CHS; Lydia Alejandro, La Voz de la Comunidad, Inc.; Pam Kensler, Habitat for Humanity; Ruby Randolph, OSU Ext. Consumer Education; Stacey Gibson, FCFC

WELCOME & INTRODUCTIONS

Laura welcomed attendees to the meeting and introductions done.

The minutes of the Monday, November 9, 2020 Creating Healthy Communities Coalition meeting were approved as presented.

RESOURCES AND LOGISTICS

Discussion took place about changing every other month meetings to quarterly in 2021. Decision made to change meetings to a quarterly schedule. Dates for meetings will be March 8, 2021, June 14, 2021, September 13, 2021, and December 13, 2021, from 9-10 A.M. The meetings will continue to be held online using ZOOM until further notification.

Laura Bogard asked for agencies to provide space meetings when in person interaction can take place. Jennifer Sherman, O.S.S., Solid Waste District, stated their conference room would be available for a meeting. The health department will also be a location for a meeting. Laura will notify all members by email when we will be able to meet in person.

Laura reported three (3) involvement card responses were received willing to assist with the 2021 CHC strategies. Annette Overmyer questioned where assistance was needed and what the strategies and priorities are for 2021.

2021 CHC GRANT

Laura received special conditions for the 2021 grant which were minor. These corrections are due at the end of January.

2021 Healthy Eating strategies for the priority communities include:

1) Food Service Guidelines in Fremont City: plan to work with Fremont City Schools on Food service guidelines for the employees.

- Ruby stated that Tracy Rusch is the nutrition specialist for Fremont City Schools. Laura will be contacting her to verify continued interest in the strategy.

2) Food Service Guidelines in Sandusky Co: Laura would like to work with Whirlpool in Clyde or another large worksite in the county.

- Stacey Gibson suggested reaching out to Martha L. Bowen, Sandusky Co. Public Health Environmental Director, for a contact @ Whirlpool Corp. Laura asked if there are other work sites, i.e., Villages of Woodville, Lindsey. Annette Overmyer suggested Reino Linen in Gibsonburg.

3) Community Garden in the Clyde/Green Springs area.

- Laura discussed the possibility of a location at Elmwood or at the previous Great Scot store. Laura will reach out to Melinda Rakes to gauge interest of Elmwood. The community garden would benefit in being close to a water source. A member mentioned the Clyde Middle School After School Program had a garden for students to tend. Creating Healthy Communities grant has funds for seeds, building and storage equipment.

2021 Active Living strategies include:

1) New/Improve Park or Playground in the Fremont City area

- Ohio Dept. of Health has approved Laura to work with the Kiwanis Club for the inclusive park. She will be reaching out to Kiwanis to discuss involvement. Laura stated there are also several great “green spaces”/parks in Fremont that could use new equipment/surfaces.

2) Complete Streets Policy

- Laura has started working with Gibsonburg Village administration on this strategy. A committee is formed and will have a meeting in Jan. 2021.

3) Pedestrian Infrastructure in the Clyde/Green Springs area.

- Laura reached out to Green Springs Village Administrator John Miller in the fall for needs. He suggested replacing/extending the sidewalk to the Green Springs elementary school.

CAPACITY BUILDING

Membership Survey:

Laura shared a power point of the membership survey with a total of twelve (12) responses. Creating Healthy Communities coalition is searching for new representation, i.e., government, health care and non-profit organizations individuals. Responses for clarity of vision, understanding of the planning process, follow through and efforts to promote collaborative action were strongly agree or agree. A couple of responses as dissatisfied with participation of representatives from targeted populations. Positive responses with the question about feelings about your work with the coalition. Laura stated a goal for 2021 to improve communication with the coalition to enable members to improve their role, participation and have a greater voice in strategies. Laura will email the power point with the minutes of today’s meeting.

ACTIVE LIVING STRATEGIES - 2020 Updates

Complete Streets Policy project - Laura Bogard, Jamie Blecher, Jim Posey, and Charlotte Stonerook completed street audits in Gibsonburg. All felt it was a great experience, taking notes, pictures and gathering information that normally does not “jump” out when an individual is walking down the street. Laura requested a CHC coalition member become part of the Complete Streets’ committee. There are currently 5 Gibsonburg residents on the committee and the first meeting is being scheduled for January. The main activity for the committee to do is writing the policy. Laura stated the Complete Streets policy is written and adopted to make walking safe and more accessible, (i.e., bike lanes, walkable sidewalks) for all users. A community survey about attitudes for active living is being collected now. Lydia Alejandro asked the Latino population to be included in the community survey and suggested Laura reaching out to the Guadalupe Society, St. Michael’s Church, Gibsonburg, for members and will provide Laura with the contact information. A coalition member questioned the necessity for a dog park in the Village of Gibsonburg.

Park/Playground Improvement project – The park equipment and concrete pads have been installed at the Sandusky Metropolitan Housing Authority Day Woods apartment complex in December 2020. Laura will email before and after pictures when the weather is better. Fine mulch was installed and is still settling. A trash can to eliminate litter has been installed along with improve lighting. An evaluation of the playground will take place spring, 2021 and a sign still needs installed. The playground will be available to approximately forty (40) children including surrounding apartment complexes. The playground strategy is to encourage children to be active outdoors.

Bike Infrastructure project – 5 bike racks are to be placed strategically in Clyde to encourage biking to businesses. A bike fix station will be installed near the bike trail in Clyde. Green Springs will install 2 bike racks by the basketball court and by the Post Office. The bike racks will be installed in better weather and an evaluation will need done in the spring to complete the strategy for 2020.

HEALTHY EATING STRATEGIES - Progress for 2020

Food Service Guidelines project – Laura is working with the Crown Battery Co. Wellness Dept. nurse and completed an assessment of the café, which is primarily vending machines, snack displays and beverages. There are over 200 food items available. Laura took pictures, wrote nutritional values of every food/beverage item in the café. 107 Crown Battery employees completed the survey in October 2020 and suggestions were for fresh fruit/vegetables, soups, and fresh salads. A request for more water and healthier beverage choices was also noted. Laura completed a draft policy for twenty-five (25%) percent healthier food/beverage choices for Crown Battery employees. Laura will be meeting with the nurse and human resources director later this month to discuss all the findings. Laura will continue to work with Crown Battery in 2021 to finalize the policy, decide on needed changes, implement those changes, and survey employees again. Target to be done is the before the end June 2021.

Community Garden project – The Community Gardens, Hayes Memorial Methodist Church, Fangboner Road, was a success and closed late in October 2020. Sidewalk repairs were made for easier accessibility to the garden.

Healthy Food Retail project – Healthy Food Retail was not completed in Clyde/Green Springs. No store owners approached in Clyde or Green Springs expressed interest in the strategy.

OPEN FORUM

Laura stated Ohio Dept. of Health administrative staff has been very accommodating during the pandemic. Stacey stated she was encouraged that Ohio Dept. of Health is supportive.

Laura stated billboards “Taking Health into Your Own Hands”, created for CHC have been placed in Sandusky Co. near the Ohio Turnpike and K Mart by US #20 bypass.

Laura updated transportation tip cards the Ally created last year. She added safe bicycling tips to the card in addition to walking & driving safely. Please contact her if you would like a supply for your agency.

Charlotte Stonerook reported on upcoming trainings available from Sandusky Co. Public Health:
PAX January 14, 2021

VAPING – March 12, 2021 with nationally known trainer Ray Lozano

ADJOURN

With no further business, the meeting was adjourned.

THE NEXT CREATING HEALTHY COMMUNITIES’ COALITION MEETING WILL BE MONDAY, March 8, 2021 @ 9:00 A.M. via Zoom.