



# SANDUSKY COUNTY PUBLIC HEALTH

## Quarter 2 Newsletter

*Our mission is to meet the needs of our residents by preventing disease, promoting health, and protecting the environment through high-quality cost-effective services.*

### Prevent. Promote. Protect.

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The 2021 Sandusky County Public Health Annual Report has been published.

The 2021 Annual Report is available on the SCPH website [www.scpublichealth.com/annual-reports](http://www.scpublichealth.com/annual-reports)



### New Employee Spotlight!

We want to welcome our newest staff member Alyssa Davidson! Alyssa started in February and has joined our WIC team as the Breastfeeding Coordinator.

Alyssa graduated from Bowling Green State University with a Bachelor of Science in Dietetics in 2017. She completed a 10 month internship at the Edward Hines, Jr. VA Hospital in Hines, IL in 2018 before taking the exam to become a Registered Dietitian.

Alyssa previously worked for the Seneca County WIC office for approximately 3.5 years as a Health Professional and Certified Lactation Counselor (CLC).

Alyssa enjoys spending her free time with friends and family, traveling as much as possible, and looking for new places to hike. A few of her favorite things she has been able to accomplish include skydiving, the EdgeWalk at the CN Tower in Canada at 1168 feet, and swimming with seals in the Bahamas.



Visit our website!  
[scpublichealth.com](http://scpublichealth.com)

Follow us!



**Sandusky County Public Health**

2000 Countryside Drive  
Fremont, OH 43420



# Community Health Assessment Corner

## Health Behaviors: Adult Tobacco Use

Did you know 60% of Sandusky County adult tobacco users have attempted to quit smoking in the last year?

If you are interested in quitting tobacco/nicotine use, there is **free** help available. The Ohio Tobacco Quit Line (OTQL) is a free, nicotine quit program that can be done online or by tele-counseling. The OTQL is usually 5-7 sessions in length and provides two weeks of free nicotine replacement therapy for each session completed. **You can enroll by calling 1-800-QUIT-NOW or online at <https://ohio.quitlogix.org>.**

## Sandusky County Public Health Funding in Action

### New-All Inclusive Play Park at Rodger Young

Sandusky County Public Health's Creating Healthy Communities (CHC) Program partnered with the Kiwanis Club of Fremont, the Sandusky County Board of Developmental Disabilities, City of Fremont and other key community stakeholders to build a new all inclusive play park at one of the most widely used parks in the city of Fremont. Through the CHC grant \$25,000 was donated to help create the 10,100 square foot space designed with safety surfacing to allow people of all abilities to have access to various inclusive structures and the opportunity to move throughout the play space safely and independently. Now, children of all abilities are able to engage and play together and build relationships.



### Naloxbox Project Year 2

SCPH is enhancing our efforts with Opiate Prevention and Response by placing Naloxboxes in public places. SCPH has partnered with the Mental Health and Recovery Services Board of Seneca, Ottawa, Sandusky, and Wyandot Counties for project funding. During Phase 1 (2021) of the program, we placed five Naloxboxes located at Community Fortress, Beacon Behavioral Health Services, NAMI, and two boxes at Fremont Municipal Court. During Phase 2 we are going to continue our efforts by adding Naloxboxes to local hotels, gas stations and other interested community partner's sites. The purpose of this program is to give the community access to Narcan when situations arise. Narcan is a no-harm drug meaning there are no negative effects of this drug. You do not have to be addicted to opioids to overdose, accidents can happen. If you have any suggestions on where to place a Naloxbox please contact Sandusky County Public Health at 419-334-6377.



# Grant Spotlight: Creating Healthy Communities

*“Making the Healthy Choice the Easy Choice”.*

Creating Healthy Communities (CHC) is a program funded by the Ohio Department of Health (ODH) committed to preventing and reducing chronic disease statewide.

## 2021 funding accomplishments

- \* Established a community garden in Green Springs
- \* Improvements to crosswalks & sidewalks on N. Clay & Academy St. in Green Springs
- \* Collaborated on the Kiwanis Inclusive Play Park project at Rodger Young Park
- \* Purchased 5 water bottle refill stations to be placed at Fremont Middle School
- \* New Food & Beverage Guidelines Policy for employees approved for Fremont City Schools
- \* Worked to improve food & beverage options in vending machines at Whirlpool Corp.



*Through collaboration, we are activating communities to:*

- \* Improve access and affordability of healthy foods
- \* Increase opportunities for physical activity where Ohioans live, work, and play



Next CHC meeting is April 11 from 9-10am via Zoom.

Contact Laura Bogard at 419-334-6386 or by email at [lbogard@scpublichealth.com](mailto:lbogard@scpublichealth.com)

## Some additional programs offered at SCPH. Cribs for Kids and Save a Life Naloxone.



*Love is*

*Following the  
ABC's of Safe  
Sleep!*

Infant Safe Sleep

**A**lone. **B**ack. **C**rib.  
Baby sleeps safest alone, on their back, in a crib.

**Cribs  
for Kids®**  
Helping every baby sleep safer

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**SAVE A LIFE NALOXONE PROGRAM**

**PREVENTION PARTNERSHIP  
OF SANDUSKY COUNTY**  
MOVING TOWARD A HEALTHY OHIO

**YOU COULD  
SAVE A  
LIFE**

To get a free Narcan kit and training  
visit <https://www.scpublichealth.com/save-a-life>  
or call 419-334-6377

# Upcoming Vaccine Clinics:

**Location:** Sandusky County Public Health—  
2000 Countryside DR. Fremont, Ohio 43420

**Dates & Times:**

COVID-19 Vaccine Clinic: Wednesdays from 8:30-4:00 & Thursdays from 3:00-6:00  
Walk-ins welcome or visit <https://www.scpublichealth.com> to schedule!

Immunization Clinics: For all ages Mondays-Wednesdays 8:00-4:00, Thursdays 8:00-6:00, & Friday 8:00-2:00  
for an appointment please call 419-334-6377



## Important Upcoming Dates:

### Board of Health Meetings:

4/15/2022 @ 8:30

5/20/2022 @ 8:30

6/17/2022 @ 8:30

All meetings held at Sandusky County Public Health

### Health Department Closings

April 15 closing at 12:00pm in observance of Good Friday

May 30 closed all day in observance of Memorial Day

June 20 closed all day in observance of Juneteenth

# Downtown Fremont Cinco De Mayo Festival

On May 7th our Health Education Division will be out at the Downtown Fremont Cinco De Mayo Festival on Front Street handing out bike helmets. SCPH is a recipient of the Put a Lid On It Bike Helmet Safety Awareness Grant Program for 2022. This event is located in Downtown Fremont and is from 10-2. These bike helmets are free to the public and come in a range of sizes to help make sure you or your child have a properly fitting helmet for riding. *If the event is canceled due to weather, it will be rescheduled for May 14th.*



**Eyes:**  
Can you see the edge of your helmet? Is your helmet level?



**Ears:**  
The straps should make a V-shape around your ears.



**Mouth:** Can you fit 1 finger between your chin and the strap? Open your mouth; can you feel it pull down your helmet?

## Customer Satisfaction Survey

Tell us how we are doing

Complete the Survey in [English](#)

Complete the Survey in [Spanish](#)



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