



## CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes



Monday, February 14, 2022 @ 9:00 am - Online ZOOM

Laura Bogard called the Monday, February 14, 2022, Creating Healthy Communities Coalition meeting, held virtual via ZOOM, to order with the following participants:

Laura Bogard, CHC Coordinator/Sandusky County Public Health (SCPH); Jim Posey, SCPH PPC; Charlotte Stonerook, SCPH PPC; Jamie Belcher, SCPH Tobacco Prevention; Vidalia Halbisen, SCPH HPE; Jennifer Leonard, Community Health Services; Jenny MacDonald, SCPH WIC Program; Katie Schlagcheck, OSU Extension; Pam Kensler, Habitat for Humanity; Johanna Young, Bellevue Hospital; Jennifer Sherman, Recycle OSS; Elizabeth Valentine, GLCAP Nutrition; Marsha Overmyer, SCPH clerk

### **WELCOME & INTRODUCTIONS**

Laura welcomed attendees to the meeting and reviewed the meeting agenda. The minutes of December 13, 2021, CHC Coalition meeting reviewed, no changes or corrections noted for these coalition meeting minutes.

### **2022 CHC GRANT**

Special Conditions, involving expansion on activities, etc., for the 2022 Creating Healthy Communities grant were submitted to the state in January and approved.

In January 2022, Laura presented a power point about the Kiwanis Inclusive Play Park to the state CHC program and other county coordinators with positive feedback.

Laura will email 2022 project involvement forms for members to assist with strategies and activities in some capacity. Please return them to her by email if you are willing to assist with a strategy or activity.

### **CAPACITY BUILDING**

The 2021 annual evaluation was completed, and findings were presented by power point. There were 14 members who responded for 2021. Laura reviewed the statistics of the evaluation and thanked coalition members for participation in the quarterly meetings and sharing of information with stakeholders and community members. Some of the results include: most respondents understand the clarity of the Creating Healthy Communities vision to improve opportunities for physical activities and affordable/accessibility of healthy foods, target populations are being served, even if attendance at coalition meetings is not noted, by walk audits, advice/recommendations for easier mobility for the disability population. Laura stated input is greatly appreciated for the coalition moving forward and impact on the health of the community.

Increase in meeting attendance is a goal for the coalition. Laura discussed there are approximately 55 member names listed on the meeting roll call with 48% of those attended at least half of the 2021 meetings. She would like assistance with reviewing the list and contacting those not engaged since 2020 to gauge continued interest in being on the coalition. This activity is listed on the involvement form Laura will send out to members.

### **2022 COMMUNITY ENGAGEMENT PLAN**

Strategy subcommittees will be working on how to engage the community with the direction of activities, promotion, and evaluation. Laura has an engagement template to use that will help guide the engagement process. The community may be engaged in different ways or groupings depending on the strategy such as public transit will focus more on the users of TRIPS and the shuttle service, produce prescriptions will focus more with those community members identified for the program by their healthcare professional.

## **HEALTHY EATING STRATEGIES – NEW 2022**

**Produce Prescription project** – This is a two-year project with this first year involving engagement/education of physicians, grocers, produce stand and farmers’ markets to focus on patients with chronic health conditions, i.e., diabetes, hypertension. The physician will write a “prescription” for a patient and refer them to the program that will include a nutrition education piece of about six sessions, coupons will be issued to those participants to retrieve fruits/vegetables from a partnering grocer, produce stand and CHC will reimburse the grocer or produce stand for the items chosen by the individual. Laura is aware of two (2) Prescription Programs, one (1) nationwide and (1) State of Ohio that will be researched to start. The goal of 2022 is to enroll three (3) patients in the program by October 2022 and then increase the number of patients in the program in 2023.

**Food Service Guidelines project** – Work is ongoing with the Environmental Specialist of Whirlpool Corp., in Clyde to expand healthy food and beverage options in the cafeteria in addition to the vending machines. Laura will complete an assessment, as unhealthy, pricey food choices are available, noting poor use of the cafeteria. There will be more employee involvement and less community involvement in this strategy. In 2021, the focus was the vending machine areas. A water bottle refill station was purchased to be placed in a warmer work area of Whirlpool Corp. to improve access to water. An infrastructure purchase of two (2) water dispensers for the meeting/training area was made. Discussions have taken place to add fresh fruit and water choices to the rotating cold storage vending machines.

## **ACTIVE LIVING STRATEGIES – NEW 2022**

**Pedestrian Infrastructure project** – The Complete Streets work with the Village of Gibsonburg Complete Street Policy will continue by doing a pedestrian infrastructure project. There is an existing committee that will continue to work on this project and there will be a need for assistance from members for community engagement and evaluation pieces. There are some areas in need of improvements in the Village identified on walk audits done in 2020 and 2021. Once the Complete Streets Policy is approved, it will be used as a guide for village officials for this project.

**Public Transit project** – This project involves the planning, purchasing and installation of a waiting environment (bus stop shelter) in the city of Fremont. Laura will be scheduling a meeting with Great Lakes Community Action Partnership, TRIPS, City of Fremont, and possibly the Engineer’s office to partner together on this project. Laura did meet with Tim, GLCAP, to initiate the project in February. Community engagement will focus on the users of TRIPS and the shuttle service.

## **SUSTAINABILITY ACTIVITIES FOR 2022**

**Complete Streets Project** – Laura will continue to collaborate with the existing committee on the policy. A draft was reviewed by a company contracted on the state level for this type of work, revisions need to be made then will be reviewed again before it is presented to the Village Council for approval. Hoping this will be done by the end of March. The policy will be used to guide decisions and planning for the pedestrian infrastructure project.

**Park/Playground Improvement Project** – Laura will continue to attend the phase 2 meetings of the Kiwanis Play Park committee. This involves plans for the seating, safety, signage, parking, and connecting the old playground to the new. Evaluation needs to be completed in warmer weather with community users of the play park. Will need assistance with this evaluation piece in the Spring.

**Food Service Guidelines project** – Laura will continue to work with the Fremont City School Child Nutrition Supervisor to implement changes to the food environment at the middle school and admin building. Water bottle refill stations were purchased for the middle school to increase access to water and shelving units were purchased for both areas for healthy snack options for employees.

**OTHER**

Charlotte Stonerook announced there is a grant for free bike helmets from the American Academy of Pediatrics due March 4, 2022. She provided the following link if anyone is interested in applying: visit <https://ohioaap.org/put-a-lid-on-it-bike-helmet-application>

She and Laura will be writing the grant and requesting small size helmets this year. Sandusky Co. Public Health has a supply of large sized bike helmets that can be delivered to organizations to distribute to community members. Please contact Charlotte if you are interested in large sizes.

Pam Kensler will email Laura the No Wrong Door Resource sheet to forward to members.

**ADJOURN**

With no further business, the meeting was adjourned at 9:55 a.m.

**THE NEXT CHC COALITION MEETING WILL BE HELD VIRTUALLY VIA ZOOM ON MONDAY, April 11, 2022 @ 9:00 A.M.**