



CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes



MONDAY, September 14, 2020 @ 9:00 am - Online ZOOM

The regular Monday, September 14, 2020 meeting of Creating Healthy Communities (CHC) Coalition was called to order @ 9:00 A.M., with the following in attendance:

Laura Bogard, CHC Coordinator/SCPH; Pam Kensler, LIFT Parish/Habitat for Humanity; Cathy Glassford, Family & Children First Council; Marsha Overmyer, Sandusky County Public Health; Jamie Belcher, SCPH Health Educator; Ruby Randolph, OSU Extension; Melynda Rakes, Elmwood Assisted Living; Jennifer Sherman, OSS Solid Waste District; Jennifer Leonard, Community Health Services; Justa Smith, Great Lakes Community Action Partnership; Holly Kidd, Great Lakes Community Action Partnership; Alyssa Buccione, Great Lakes Community Action Partnership; Jim Posey, Sandusky Co. Public Health; Charlotte Stonerook, Sandusky Co. Public Health; Kate Brinker, W.I.C., Sandusky Co. Public Health; Marc Glotzbecker, Village of Gibsonburg

WELCOME/INTRODUCTIONS

Laura welcomed attendees to the meeting and introductions done.

RESOURCES AND LOGISTICS

Laura Bogard asked participants to give an update on the effect COVID-19 has had on their programs.

Justa Smith reported Tuesday and Friday, individuals over the age of 60 can pick up 1-3 meals. One-half hour prior activities such as car bingo, karaoke, etc. are planned to keep seniors socially connected. Built in remote books clubs, Happy Hour, etc. held. The Senior Center may open on Monday, September 21, 2020, but have not received any updates.

Jennifer Leonard stated Community Health Services is doing COVID-19 testing at Fremont on Monday, Stony Ridge on Tuesday, Fostoria on Wednesday and Napoleon on Thursday. Test results are back within 3 days. Requests for testing have decreased recently.

Holly Kidd said GLCAP is actively looking for creative ways to keep Senior Citizens networked. She is involved in a pilot program to give bicycles to persons who are joining the workforce and overcoming personal struggles such as addiction as a way of transportation.

Jamie Belcher is forwarding information on the tobacco quit line to the community, launching peer mentoring program, COMMIT TO QUIT, virtually and then transitioning person to person when able.

Ruby Randolph is providing trainings via ZOOM. She has videotaped a cooking class to be available on line in the future. The OSU Extension office is open Monday and Thursday, by appointment only, from 8 AM to 4:30 PM. Laura Bogard expressed how everyone is struggling providing ZOOM/virtual trainings online.

Jennifer Sherman reported the summer recycling/collection schedule has been reworked. September 19, 2020 will be appliance collection; September 26, 2020 will be electronics/televisions; and October 17, 2020 residential tires. Jennifer and Laura are scheduled to meet on Tuesday, September 15, 2020 to discuss the community garden at Hayes and possibility of composting.

Pam Kensler has resigned from LIFT and is now the Director of Habitat for Humanity. Currently there is no contact person for LIFT Parish, LLC.

Alyssa Buccione reported GLCAP is in need of donations of bicycles and bicycle helmets.

Jim Posey is pursuing certification for PAX. Due to COVID-19, PAX training is not permitted in schools. Jim replaced McKenzie Frey, R.N. Jim is preparing PSA announcements for high school football/basketball games

for Parents Who Host the Most. Laura thanked Jim for being a great asset to the Health Planning and Education team.

Charlotte Stonerook reported narcan training is available@ the Sandusky Co. Public Health website. Individuals register, complete the training and upon completion, narcan will be mailed directly to the individual completing the training. Narcan is provided to first responders. DeTerra bags are being distributed by Great Lakes Community Action Partnership through Meals on Wheels.

Sandusky Co. Public Health received a grant from the American Academy of Pediatrics for distribution of bicycle helmets. As Sandusky Co. Public Health is not participating in community events due to COVID-19, the bicycle helmets are in storage.

Kate Brinker reported W.I.C. is conducting phone appointments and curbside reload of food package cards.

Melynda Rakes stated outside visiting for families and residents are being held, with COVID-19 testing of staff conducted every two (2) weeks in conjunction with the National Guard.

Cathy Glassford reported today was incoming Director Stacey Gibson first day. The wrap around counselor has resigned and only under special circumstances are visits being held.

Marsha Overmyer reported Sandusky Co. Public Health Vital Statistics is offering curbside pick-up for certified copies of birth/death certificates and the process is working extremely well.

Sandusky Co. Public Health will not be participating in Street Play Saturday. The event is Celebrating the Parks and Farmer’s Market. Jennifer Sherman reported the O.S.S. District will be distributing recycling information at the event.

2021 CHC GRANT

Laura reported the proposal for continuation of the CHC grant was submitted in July. The 2021 proposed grant strategies were reviewed. These strategies were chosen by external observations and conversations due to the Policy, Systems and Environmental (PSE) Assessment survey not being ready to distribute before the grant proposal was due. Laura encouraged members to complete the survey for one or more pertinent priority communities and share with others.

The following strategies were chosen for 2021 but can be adjusted if the PSE surveys results show a need in another area.

Sandusky County	Fremont City	Clyde/Green Springs School District
Healthy Eating Strategy <i>Food Service Guidelines</i>	Healthy Eating Strategy <i>Food Service Guidelines</i>	Healthy Eating Strategy <i>Community Garden</i>
Active Living Strategy <i>Complete Streets Policy</i>	Active Living Strategy <i>New/Improved Park/Playground</i>	Active Living Strategy <i>Pedestrian Infrastructure</i>

Laura explained Complete Streets is a 2-year strategy and will be working with Marc on this project.

Laura reported she would like to work with Whirlpool Corp. in 2021 for the Food Service Guidelines to increase healthy options for work place/work site vending/cafeteria locations.

Jamie announced Kiwanis is installing an all-inclusive playground at Rodger Young in 2021. Laura will reach out to Kiwanis for more information about this project.

Fremont City Schools is interested in pursuing Food Service Guidelines for employees in 2021, i.e. snacks, beverages, etc.

Proposed that Clyde/Green Springs' focus to on pedestrian infrastructure. This is the next logical strategy since bicycle infrastructure is being worked on this year. Laura reported she has observed some potential areas for improvement in Green Springs. She will contact the village administration to discuss this further.

At the March CHC meeting, Becky Goodwin volunteered that Elmwood Communities may be interested in a community garden in Green Springs area. Laura and Melynda will discuss this further in the future.

CAPACITY BUILDING

Coalition Membership – There have been member changes for the consortium. Aly Rumer recently resigned from the Parks District. Replacement is unknown at this time. Cathy Glassford will be retiring and Stacey Gibson will be taking her place. Holly Kidd took Kristen Gerwins position recently at GLCAP.

ACTIVE LIVING STRATEGIES

Complete Streets Policy project - Laura reported she and Marc met at the beginning of the month about writing a Complete Streets policy for Gibsonburg. This strategy will be pursued and the village council was informed at the Sept. 3, 2020 by Marc. No objections were given at that meeting to pursue. A committee will be formed to work on this strategy.

Laura is checking with the City of Fremont on the status of the Complete Street policy written last year.

Park/Playground Improvement project – The playground @ Day Woods, Sandusky Metropolitan Housing authority complex has approved funding, design and placement of order and is scheduled to be completed the fall of 2020. Metropolitan Housing will be adding additional funds to complete the project.

Bike Infrastructure project – Laura is working with Justin LaBenne from the City of Clyde to encourage biking over driving with installation of bicycle racks. A representative from a bicycling advocacy group in the Toledo area will be working on the project to give recommendations for locations and appropriate styles and numbers for those locations.

Laura reached out to Green Springs and they expressed interest for one location. Laura will keep in reach out to the Village of Green Springs for the location of an area where youth gather near the Croghan Colonial Bank, to install recreational equipment. The one (1) village park is located in Seneca County. Members reported there are basketball hoops behind the closed Great Scot store.

Laura reported a professional development ride was completed in Clyde on Sept. 9th with good participation. Catherine Gervis from TOOLE Design lead the ride. This activity was to ride in various areas of town and observe street infrastructure from the seat of a bike. Clyde was praised by Catherine for the good infrastructure they have.

HEALTHY EATING STRATEGIES

Food Service Guidelines project – Laura is working with the Wellness Nurse @ Crown Battery manufacturing to establish a healthy eating/snacking policy for employees. Arnold Vending provides the marketing café with beverages/snacks. More variety of fruits/vegetables is the goal. Laura has attempted to connect with the nurse but is mostly unsuccessful. Laura will continue to reach out to the nurse to move forward.

Community Garden project – Pam Kensler gave an update on the project at Hayes Memorial United Methodist Church. Great press was received in the Fremont News-Messenger and Laura posted information on Face book. Pam Kensler reported an increase in utilization. Jody Guhn who is an advocate for the disability population met with Laura at the garden bed site after the last consortium meeting and gave recommendations to improve access to the beds for all persons. Laura and Pam are working on contacting potential businesses to repair the sidewalk and curb at the church. Laura reported she posted a message with photos about the garden on face book with good reviews.

Healthy Food Retail project – Laura visited the Dollar General and Mickey Mart in Green Springs and has attempted several times to contact corporate to discuss the program without success. She visited several stores in Clyde with no interested expressed (Clark station – no interest expressed; Circle K is already promoting health foods).

OPEN FORUM

Jamie Belcher reported Quit Line and youth cessation information cards are available and any interested parties should contact her.

Ruby Randolph reported OSU Extension has been chosen to increase healthy eating policies in schools and small corner stores in Sandusky County. Laura will reach out to Ruby regarding the program

ADJOURN

With no further business, the meeting was adjourned.

THE NEXT MEETING WILL BE MONDAY, NOVEMBER 9, 2020 @ 9:00 A.M. @ via ZOOM. A link to the meeting will be sent via email.